

CROSS CHEER ALL STARS

All Star Cheerleading in a Christian Environment

2021-22 Cross Cheer All Star Packet





Dear Cross Cheer Family,

We are excited to be back for our third year of Cross Cheer All Star! Last season was an incredible season, despite the many challenges we faced during the pandemic. We continue to be in awe of the overwhelming interest in Cross Cheer All Star! Our All Star Off Season program tripled in size of what we were expecting, and we had to turn people away!

We are excited to be offering to be continuing Cross Cheer All Star in partnership with Elevate Gymnastics. We've also brought in a tumbling expert this season! This will benefit us greatly! We are excited to be growing, but we face some facility challenges, so our practice times will differ this year.

Our program will offer multiple types of teams this year—an exhibition team, novice teams and all-star prep teams. Please carefully read the team descriptions in the following pages.

All Star cheerleading is a competitive sport that requires commitment and dedication from both athletes and parents. EVERY spot on our teams is important, and athletes are thoughtfully placed on teams based on experience, skill level, age, attitude, and the needs of each individual team.

Cheers!

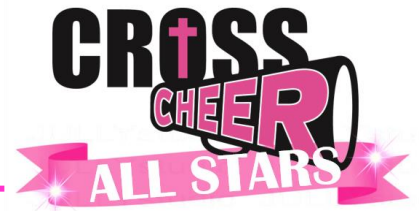
Erika Toney

Cross Cheer All Star Director and Coach



Cross Cheer All Star Mission

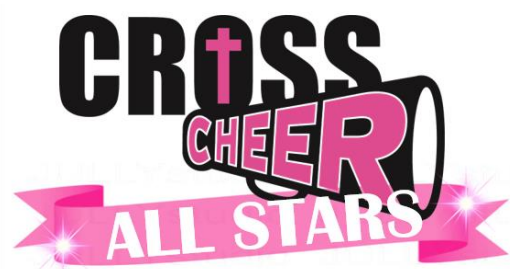
- Mission: To offer an All Star cheerleading experience throughout the schoolyear in a Christian environment.
- Goal: To introduce young girls to a competitive cheerleading environment with a focus on glorifying God through healthy competition, while using appropriate music, movements and uniforms.
- All-Star routine: stunts, tumbling, jumps and dance for beginners 5-12 years old.
- Vision: Our desire at Cross Cheer All Star is that every girl would walk away from this experience feeling loved, encouraged, valued, and pointed towards a relationship with Jesus, all while learning the fundamentals of cheerleading.



2021-22 Cross Cheer Evaluation Process

Team Evaluation

- Go to <http://www.crosscheer.com/all-star-program> to register for evaluations.
- Evaluation days will be Sunday, August 15 and August 22. After you choose a date, we will email you with your time.
- Pay \$25 for the evaluation fee.
- Wear athletic shorts or shirts, t-shirt, athletic/cheer shoes, ponytail.
- We will teach you jumps and a short dance, and we want you to show us your best tumbling skills. We might have you stunt as well.
- If you have no prior cheer experience, that's ok too!
- When registering, parents have the ability to mark which teams they are interested.
- The coaches will evaluate each athlete and assign teams based on skill level, experience, age, maturity, and the needs of the team.
- August 29- Team Reveal Party! Teams and registration links will be sent out prior.
- September 5th- Must be registered and pay the first monthly payment.



Cross Cheer All Star Teams

*subject to changes based on registration numbers

Stars Team - Exhibition Team

- Practice on Saturday from 11:00-12:30
- No Age Requirement
- Skill Level Recommended: No experience required
- T-shirt Provided, pink tennis skirt
- No uniform required
- Will perform at Cross Cheer Exhibition- January 23
- Prepare athletes to be on a competitive team next year.
- Learn all elements of All Star Cheer
- Evaluation Fee- \$25
- Elevate Registration (one time) Fee- \$40
- Monthly Tuition (Sept-Jan)- \$100

Angels Team – Mini Novice Level 1

- Practice on Sundays from 2:45-4:15
- Age Requirement: Birthyear 2012-2016
- Skill Level Recommended: Front Roll, Cartwheel, Roundoff, Backbend kickover
- T-shirt Provided
- Uniform required
- Will perform at Cross Cheer Exhibition- January 23
- Will compete for a rating, not a ranking.
- Will compete at two local competitions- February 5th and February 19th
- Evaluation Fee-\$25
- Elevate Registration (one time) Fee- \$40
- Monthly Tuition (Sept-Feb)- \$150
- Uniform Fee- New Package: \$190, Resale Uniform: \$90 + \$15 bow



Cross Cheer All Star Teams

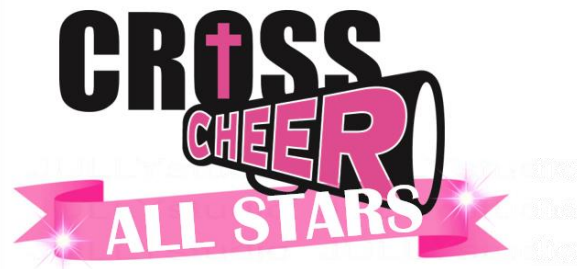
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Rubies Team – Youth Novice Level 1

- Practice on Sunday from 3:45-5:30
- Age Requirement: Birthyear 2009-2016
- Skill Level Recommended: Cartwheel, Roundoff, Backbend kickover, back walkover, front walkover, basic stunting experience, toe touch
- T-shirt Provided
- Uniform required
- Will perform at Cross Cheer Exhibition- January 23rd
- Will compete for a rating, not a ranking.
- Will compete at two local competitions- February 5 and 19
- Evaluation Fee-\$25
- Elevate Registration (one time) Fee- \$40
- Monthly Tuition (Sept-Feb)- \$150
- Uniform Fee- New Package: \$190, Resale Uniform: \$90 + \$15 bow

Saints Team – Youth Prep Level 1

- Practice on Sundays from 1:30-3:30 (a few midweek practices)
- Age Requirement: Birthyear 2009-2016
- Skill Level Recommended: Front Walkover Cartwheel Backwalkover (connected), stunt experience, knowledge of three different jumps
- T-shirt Provided
- Uniform required
- Will perform at Cross Cheer Exhibition- January 23
- Will compete for a ranking (1st, 2nd, 3rd).
- Will compete at **three** local competitions- January 29, February 5 and 19.
- Evaluation Fee-\$25
- Elevate Registration (one time) Fee- \$40
- Monthly Tuition (Sept-Feb)- \$165
- Uniform Fee- New Package: \$190-\$225

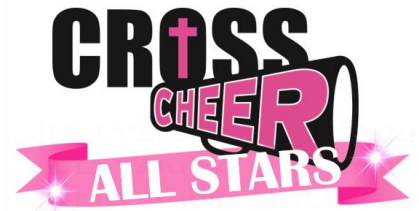


Cross Cheer All Star Teams

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Queens Team – Youth Prep Level 2.2

- Practice on Sunday from 4:30-6:30
- Practice on Thursday from 6:30-8:00
- Age Requirement: Birthyear 2009-2016
- Skill Level Recommended: back walkover, front walkover, standing back handspring, roundoff back handspring, stunting experience, whipped jumps
- T-shirt Provided
- Uniform required
- Will perform at Cross Cheer Exhibition- January 23
- Will compete for a ranking (1st, 2nd, 3rd).
- Will compete at three local competitions- January 29, February 5 and 19
- Evaluation Fee-\$25
- Elevate Registration (one time) Fee- \$40
- Monthly Tuition (Sept-Feb)- \$210
- Uniform Fee- New Package: \$190-\$225



2021-22 Cross Cheer Financial Commitment

Monthly Tuition: 6 monthly payments (September-February)

- Stars Team- \$100 (5 payments from September-January)
- Angels Team \$150
- Rubies Team- \$150
- Saints Team- \$165
- Queens Team- \$210

Includes

- Practice and Coaches fees
- Competition Fees
- Choreography Sessions and Music Production
- Practice T-shirt and End of the Year Party
- Gymnastics Facility Usage

Other Costs:

- Evaluation/registration Fee- \$25
- Uniform and Bow: varies per team- \$90-\$225 depending on resale.
- Annual registration fee for Elevate Gymnastics-\$40
<https://app.iclasspro.com/portal/elevategymnastics/dashboard>
- Optional practice wear and warmups
- Provide your own white cheer shoes and black practice shorts.

CROSS CHEER ALL STARS

All Star Cheerleading in a Christian Environment

Team: Our 2021-2022 teams All Star Prep and Novice Divisions Teams with the addition of an exhibition team.

Competition Season: August 15th– February 20th (6 months)

Practices: Elevate Gymnastics: 17815 Davenport Rd # 101, Dallas, TX 75252

Each team has a different practice day/time.

Evaluations: \$25 fee Sunday, 8/15 and 8/22 will be evaluations to determine the team placement.

Performances/Competitions: 3-4 Performances/Competitions in the DFW Metroplex

Who: Girls that have completed K -12 years old (must be born in 2009 or later)

Skill Requirements: No prior cheerleading experience needed. Everyone will be evaluated and then offered a spot on a squad. Squads will be dependent on girls that register and their skill level.

Costs: Monthly Tuition: \$100-\$210 monthly tuition (depending on team): includes coaching, facility usage, routine music/choreography, practice shirt, competition fees.

(\$40 registration fee at Elevate Gymnastics)

New Uniform Fee: \$190-\$225 (depending on team): includes new uniform, built-in briefs, bow

Used Uniform Fee: \$90 (as available through resale) +\$15 bow

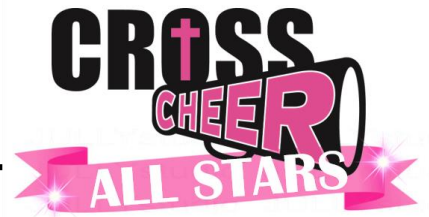
Coaches: **Erika Toney** is a mom, former SMU cheerleader and current cheerleading coach at TCA with over 20 years in the cheerleading industry! **Tiffany Ruffcorn, Marianna Clement, and Nicole Gottlich** all have varying experience in the high school, college, all star cheerleading/coaching world.

To learn more, and register for
Cross Cheer All Star go to:
crosscheer.com/all-star-program



2021 ASP Uniform

Learn more about our All Star Program, go to:
www.crosscheer.com/all-star-team



We are new to this! What is all-star cheer?

All-star cheerleading is the sport of competitive cheerleading. A team of similarly-skilled cheerleaders prepares a 1.5-2 minute routine of tumbling, stunting, dance, jumps, and pyramids to compete before judges.

What is the difference between an exhibition, all-star prep and novice team?

Our exhibition team is a lower time and financial commitment team meant for beginners that would like to learn the fundamentals of all star cheerleading. They will perform once at our exhibition. Our Novice teams are for our beginner cheerleaders who are just developing their tumbling skills, but are read to enter the competition arena, and put all the cheer elements together in a routine. They are evaluated at competitions, but not ranked. Prep Teams are girls that have mastered basic tumbling skills and have some experience with stunting. They are scored and ranked at competitions. However, they practice less than an Elite All Star team.

Who are Cross Cheer All-Star coaches? The CCAS will be led by Erika Toney, who has over 20 years of experience in the cheerleading industry. She was a collegiate cheerleader at SMU, and has coached high school cheer for 12 years. Our all-star coaches have significant experience both as cheerleaders and as coaches. Our All-Star Staff coaches all have a desire to disciple these athletes to love the Lord and ultimately show the joy of the Lord through cheerleading.

How many times will they perform?

These dates are subject to change, but please plan to be available, unless otherwise notified for these dates.

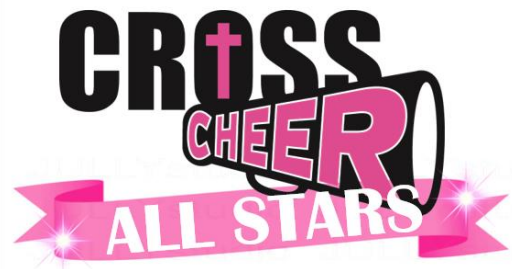
Saturday, 1/23/22: Exhibition for all Cross Cheer Teams

Saturday, 1/29/22: Competition for Prep Teams

Saturday, 2/5/22: Competition for Novice and Prep Teams

Saturday, 2/19/22: Competition for Novice and Prep Teams

How will you determine which team? We will have an evaluation on Sunday, 8/15 and 8/22. Although tumbling is an important component to the Evaluation, athletes will also be evaluated on the level of other skills. Many factors, from skills to age to team needs, go into team placements, but every placement is thoughtful with the expectation that each athlete will thrive in her/his placement.



Policies and Expectations

- Cross Cheer All Stars are strongly encouraged to take an extra tumbling class with Elevate Gymnastics to continue to see progress with tumbling. Register on their parent portal.
- No Jewelry. Wear the practice or optional shirts for practices.
- Payments are non-refundable, and will be autodrafted on the 5th of every month.
- You may choose a payment plan or pay in full. The payment plan will be direct deposit. There is a processing fee.
- Please attend ALL practices, except in the case of sickness, family emergency or school functions that result in a grade. Every team member is valuable and necessary. If absent, please contact your coach.
- Bring a water bottle for every practice, but no food.
- Hair in a ponytail for practice.



Agreement to CCASP

I have read and agreed to the terms, conditions and policies set forth in the Cross Cheer All Star Program Packet.

Parent Signature

Date

Athlete Signature